



SATTVAM SPECIALITY CLINIC

Please follow the instructions given below in totality when on Homeopathic Medication.

1. Do not touch the medicines with the hand. Take it in the bottle cap, paper or a spoon.
2. Take medicines on an empty stomach only. You should not eat anything 30 minutes before and after taking the medicines.
3. Do not drink water along with the medicines.
4. Avoid drinking coffee, tobacco, or alcohol when on medication.
5. Do not take medicine immediately after brushing your teeth.
6. Do not practice self-medication for it could prove dangerous. Always consult the doctor for your health complaints and queries. Feel free to contact us for any queries.

7. There are 4 ways of taking the medication
(take as suggested by the doctor)

- Just the pills (For example: 3 pills of R-22 twice a day)
- The pills to be dissolved in water as per instructions
- Powder dissolved in water as per instructions. (For example :
Dissolve powder of A-22 in 6 tsp of water and take 3 tsp
twice a day for 5 days.)
- Powder taken as it is (For example: Take the powder of T-18
directly anytime today)